SAMPAN - A A

The only bilingual Chinese- English Newspaper in New England 全紐英倫地區唯一的中英文雙語雙周報

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2009年7月17日

Aaron Michlewitz sworn in as state representative

麥家威宣誓就職弗克 第三選區州眾議員



Lieutenant Governor of Massachusetts Tim Murray (center) swore Aaron Michlewitz in (right) as the Third Suffolk District state representative (Photo by SoYee)./ 麻省副州長莫瑞(Tim Murray)(左)及麥家威(Aaron Michlewitz)(右)宣誓就職為弗克(Suffolk)第三選區州眾議員。(SoYee 攝)

By Cody Yiu

Third Suffolk state Representative-elect Aaron Michlewitz took the oath of office on Beacon Hill on July 8 on Beacon Hill, filling the seat that was held by former Speaker Salvatore DiMasi. The House of Representatives dedicated a full formal session to swear in Michlewitz. Dozens of Chinatown wellwishers witnessed the ceremony and congratulated the new state representative in person.

Gilbert Ho, president of Boston's Chinese Consolidated Benevolent Association, and his wife, Debbie Ho, who was DiMasi's former Chinatown liaison, were present at the ceremony. Gilbert and Debbie endorsed Michlewitz during his election campaign. Representatives from the Chinatown Progressive Association, the Chinatown Residential Association and Chinatown Main Street also gathered at the State House to show their support for Michlewitz.

Michlewitz, a former aide to DiMasi, had previously bested the South End resident Susan Passoni by narrow margin in the May 19 Democratic Primary. He also defeated Democratic challengers Brian Ross and Lucy Rivera that day, and independent candidate John Keith and Republican candidate David Trumbull in the June 16 general election to replace his former boss, DiMasi.

Other well-wishers who made an appearance at the State house included Lucy Rivera, Boston City Councilors Bill Linehan and Michael P. Ross, Senator Sonia Chang-Diaz and many of Michlewitz's family members and friends.

A lifelong resident of the North End, Michlewitz represents Boston's North End, South End, Chinatown, Beacon Hill and Back Bay neighborhoods and parts of Roxbury.

At the age of 30, Michlewitz, DiMasi's former constituent service direc-

tor, already has soaked in four years of the Beacon Hill culture and politics; he is well-aware of the issues facing the various neighborhoods in the district. He is an avid supporter of the transliterated bilingual ballot, a legislative proposal for which the Chinese- and Vietnamese speaking communities in Boston have been advocating over the years. Michlewitz, in fact, testified at the city council's hearing of the bilingual ballot petition in 2007.

The Third Suffolk District encompasses some of the poorest and richest neighborhoods in the city of Boston. Being a voice for such a diversified population, Michlewitz will need to navigate his way through the latest luxury condominium projects in Downtown Crossing as well as affordable housing units in Chinatown. As DiMasi's protégé and successor, Michlewitz has big shoes to fill.

【本報謝婉君波士頓報導】新當選麻省弗克(Suffolk)第三選區州眾議員 (State Representative)麥家威在七月八日麻州的州政府正即宣誓就職。不同的華埠團體代表及區內居民應邀出席,近四十人參加麥家威在波士頓(Massachusetts State House)議會內的眾議院接待廳就職典禮。典禮更創了最多華裔區民出席麻州議會觀禮的人數記錄。

由副麻省州長(Lieutenant Governor of Massachusetts) 莫瑞 (Tim Murray) 的主持及引領下,麥家威經過簡單而隆重的宣誓典禮後,正即就職,獲派到州政府大樓的542辦公室。同時聘請了廿三歲的助理韋伯(Blane Webber) 為助手,協助工作。日後將會和麻州其他159位眾議員共事。

致詞時,麥家威首先感謝 父母多年來悉心的教養及無限 的支持。會說中文的麥爸爸 Harold Michlewitz 為兒子服 務社區的志向引以為榮。

眾議員麥家威(Aaron Michlewitz)的弗克(Suffolk)第三選區,包括波士頓的北端(North End),南端(South End),華埠(Chinatown),畢肯丘(Beacon Hill),灣村區(Bay Village),及士百利(Roxbury)的一部份。發表就職宣言時,麥家威說:「弗克第三選區為麻省其中一個最具

歷史,多種族人口聚居和具代 表性的區域,感激選民給他 服務社區大眾難能可貴的機 會,表示以後也定努力做到最 好。|

典禮上, 州眾議會議長迪 里歐 (Robert DeLeo) 介紹就 職典禮的嘉賓例如波士頓市 長曼寧諾 (Thomas Menino) 波士頓市議會議長米高羅 斯(Michael Ross)等人。 波士頓市議員林乃肯(Bill Linehan)、波市不分區市議 員約翰康納利(John Connonl ly)、第三選區的州參議員陳 翟蘇妮 (Sonia Chang-Diaz) 、麥家威的父母、嫂嫂、 親 友、麥家威初選中的對手露 西·瑞維拉 (Lucy Rivera) ; 不少華裔團體, 其中包括華 埠主街董事會主席余俊明、何 陳素珍、華埠居民會共同主席 余仕昂、執委陳丹心、余顯 生、余明光、名譽執委湯建 華、執行委員李新鵬 、紐英 崙中華公所主席何遠光、華人 前進會黎麗莎、呂嘉媚、鄭寶 蓮、台山同鄉聯誼會會長李照 桃、紐英崙中華總會會長陳毓 禮等人也是典禮坐上客。更有 支持者喊「麥家威」的中文名 字, 氣氛熱鬧。

華埠居民會共同主席余仕 昂 (Henry Yee) 表示希望麥 家威上任後,會更關心居民的 訴求,增取及支持華埠發展計

(反面中文第一版續)

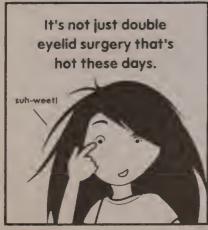
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> NONPROFIT ORG PERMIT NO. 54358

Comic

ah-Lin!

by Lillian Chan



7-14-09



Who thinks up these things? And how is it that pointy chins became the way to go?

www.lillianchan.com

Announcements

CHINATOWN

Chinese-speaking gamblers' self-help group

Mass. Council on Compulsive Gambling will be having a monthly Chinese gamblers' self-help group meeting from 12 to 1pm at St. James Church (125 Harrison Ave), on the first Monday every month. For more information, please call Chien-Chi Huang at 857-383-3563.

Meeting on immigrant rights

Immigrant Rights Action Group is a group of local activists interested in how the state of immigrant rights is affecting the community of Asian Americans. We would love for more individuals to become involved. Right now, we're collaborating with other organizations, like the Greater Boston Legal Services and Deported Diaspora, who are also interested in creating a presence of Asian Americans voices around this topic, but would love the help of individuals to keep the work moving. Info about the next meeting:

Date: Tuesday, July 21, 2009 Time: 6:00pm - 8:00pm Location: E5/AARW 33 Harrison Ave, 5th floor Boston, MA 02111

Please RSVP or refer any questions to Judy at jkhy@aamovement.net.

JOBS

The W Hotel is seeking talents

The W Hotel Hotel and Residences, which is scheduled to open this September on Stuart Street, is currently seeking talents to fill numerous positions. Available positions include welcome desk, culinary talent and finance. Please visit the W Talent Center at 660 Washington Street, Boston, MA 02111 for more information.

Asian American Civic Association is hiring a career coach

The AACA is looking for a full-time Job Developer/Career Coach. Successful candidate will be responsible for building and maintaining relationships with employer partners, developing job leads and job interview opportunities for Chinesespeaking clients with limited English. She/he will provide career coaching and employment advice to Employment Center clients as well as will be asked to assist with program outreach, recruitment and translations services.

Qualifications:

- -Bachelor's Degree preferred
- -Experience in case management, coaching, or human services
- -Fluency in English, Mandarin and
- -Exceptional interpersonal and oral/
- written communication skills
 -Experience working with limited
- English speakers
 -Proficient with Microsoft Office Suite
- -Ability to take initiative; high energy
- -Ability to effectively interact with diverse population

To apply, submit your resume and cover letter by August 15 to Elena Kuyun at elena@aaca-boston.org

TOURS

Historic Chinatown walking tours

Chinese Historic Society of New England (CHSNE) offers "Historic Chinatown Walking Tours Show Early Immigrant Life" second Saturday of each month from May to October, 2009: May 9, June 13, July 11, August 8, September 12 and October 10. Tour is approximately 90 minutes long from 10:00 a.m. to 11:30 am. Cost: \$15 per person. Reservation required by calling CHSNE, 617-338-4339, fax to 617-338-9339, email to info@chsne.org or send in your registration to Chinese Historical Society of New England at 2 Boylston St., G-3,

Boston, MA 02116. For more information, please visit www.chsne.org.

VOLUNTEERS

Bilingual volunteers wanted in Quincy

Quincy Asian American Advisory Committee of the City of Quincy is looking for volunteers to help local residents access resources provided by the City. Volunteers are to commit one hour a month toward the program.

Requirements:

- Some social work or community service experience.
- Chinese/ English bilingual and biliterate preferred.
- Quincy resident preferred but not

FREE Community Service - 3rd Saturday of every month (from May to Oct.)

11:00am to NOON (No Appointment Necessary). Services include: inquiries about city government services, community activities, rules and regulations of City services, reading of letters.. Location: North Quincy Community Center, 381 Hancock Street, N. Quinc. For more information, please call 617-376-1298 or write an email to kfyau@aol.com.

ARTS & ENTERTAINMENT

Free Museum Day at MFA

Budget-conscious this summer? The Museum of Fine Arts, Boston (MFA), will hold a FREE Community Day on Sunday, July 19, from 10 a.m. to 4:45 p.m. offering free general admission to the public. General admission includes entry to the museum's permanent collection; special exhibitions such as Viva Mexico: Edward Weston and His Contemporaries, Contemporary Outlook: Seeing Songs, and A New and Native Beauty: The Art and Craft of Greene and Greene. In addition, free gallery tours and activities will be offered, and \$8 tickets will be available for the exhibition Titian, Tintoretto, Veronese: Rivals in Renaissance Venice. (Limited timed-entry tickets available same day

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READ E-SAMPAN www.sampan.org

only beginning at 10 a.m.)

For more information, please visit www.mfa.org or call 617-267-9300.

Summer in Boston

Art Fridays

Every Friday from 11:00 – 7:00 p.m. on Summer Street, 21 local artists sell their wares. Art Fridays began as a month-long program in June, but has been extended for the entire summer due to the overwhelming demand from shoppers and artists!

Jazz in July

Live jazz concerts are held Wednesday-Fridays from 12:00-2:00 p.m. on Summer Street and Reader's Park. Also, the following restaurants will offer live jazz: Ivy, Mantra, Avenue One, Max & Dylan's and Vinalia.

On Luck Housing Development, Inc. THE NEW HONG LOK HOUSE PROJECT

Please join us at the next Chinatown Neighborhood Council meeting to discuss the demolition of the existing Hong Lok House. (located at Essex Street, Boston, MA)

Date:

Monday, July 20, 2009

Time:

6:00 P.M.

Location:

90 Tyler Street, Boston

CCBA

Sponsor:

Gr. Boston Chinese Golden Age Center

Rogerson Communities

At this meeting, any questions you may have about the status of the New Hong Lok House will be welcome.



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Chinatown News

Chinatown Main Street Festival heats up the summer



Martial arts students from Calvin Chin Martial Arts in Newton show off a demonstration of their skills. (Photo by Kyle Chayka)



Gilbert Ho, president of the Chinese Consolidated Benevolent Association of New England, hands out sunscreen during the Chinatown Main Street festival. (Photo by Kyle Chayka)

By Kyle Chayka

The streets of Chinatown were bustling this past Sunday July 10; the sidewalks crowded with the tents of local vendors, community organizations and restaurant stalls. Chinatown residents and tourists alike visited tables selling jade, Chinese-language DVDs, potted bamboo shoots and various examples of Chinatown's cuisine.

The commotion was part of Chinatown's annual Main Street Festival, begun in 1995 to "promote and commemorate the Chinatown District," according to Courtney Ho, the Executive Director of Chinatown Main Street, a nonprofit organization devoted to improving the Chinatown community.

Ho describes the goals of the Chinatown Main Street organization; "We try to do everything we can for the

community and for business, to draw the tourists in." These efforts include giving Chinatown businesses grants to renovate storefront facades as well as organizing a nightly crime watch in the neighborhood.

"In an effort to increase the business and revitalize this business district, what we've done is we've beautified the streets," said Tony Yee, president of Chinatown Main Street. He continues, "All the banners that you see on the lightposts, that's us, all the streets and sidewalks that have been swept every day, that's us."

The progress that has been made through Chinatown Main Street has been supported by Mayor Thomas Menino's Boston Main Streets program, a system of grants and aid designed to help Boston neighborhoods develop economically as well as preserve their historical and cultural importance to the city.

"A lot of people have that old perception of Chinatown," Ho said, "it was dangerous, it was bad." But now, "Our streets are a little bit cleaner, we're a little safer... and it has helped."

On the neighborhood's main street, scaffolding covered the façade of a restaurant and apartment balconies undergoing renovation, a symbol of the continuing renewal and sustained growth of Boston's Chinatown.

Kyle Chayka is a Sampan correspondent.

The Asian American Civic Association (AACA) introduces "Kill-A-Watt" lending program

The U.S. Department of Energy estimates that about 10 percent of household electricity used is consumed by idle devices. Idle devices are still utilizing electricity even when they are powered "off" This 'phantom' electricity usage can be addressed by the Kill-A-Watt device which allows you to find out how much energy household appliances use.

By connecting your household appliances to the Kill-A-Watt, you can assess how energy efficient they are and better understand your energy consumption at home. The device readings allow you to track and calculate the appliance's electricity usage by day, week, etc. The device calculates consumption by the Killowatt (kW) hour, the same standard used by National Grid or Nstar does when they process your utility bill.

Kill-A-Watt units are now available to Boston residents through your local branch library for check-out. They serve as valuable tools for residents looking to lower their utility bills and cut down on phantom electrical use around the home. Visit the nearest library to borrow a Kill-A-Watt now and start cutting your energy use today.

You can find out how much energy is being used and how much you can save by deactivating or unplugging these unnecessary devices by using the Kill-A-Watt.

What is a Kill-A-Watt?

The Kill-A-Watt is a device that measures the amount of electricity various household electric appliances use.

How does it work?

• The device plugs into any standard wall outlet and then "reads" the energy use of the appliance plugged

CONTINUED PAGE 4

ARCHSTONE





AVENIR

Affordable Rentals

Located at 101 Canal Street in Boston, 17 affordable 1 and 2 bedroom units are available, by lottery, to eligible applicants.

Two handicapped accessible units available; one 1 BR and one two BR.

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1 person: \$37,900

2 person: \$43,300

3 person: \$48,700

4 person: \$54,100 5 person: \$58,450

1 Bedroom \$937 2 2 Bedroom \$1,031

Preferences

Household Size

Boston Residents

Handicap Residents

Application Distribution from July 11 to July 23, 2009 at 7:00 p.m.



On Site Pick Up at 101 Canal Street, Boston Saturday, July 112 10:00 a.m. 2 2:00 p.m.

Thursday, July 162 3:00 p.m. 2 7:00 p.m. Saturday, July 182 10:00 a.m. 2 2:00 p.m.

Thursday, July 232 3:00 p.m. 2 7:00 p.m.

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If you would like more information or to apply, please call



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FROM PAGE 3 KILL-A-

sary devices by using the Kill-A-Watt™.

What is a Kill-A-Watt? The Kill-A-Watt is a device that measures the amount of electricity various household electric appliances use.

How does it work?

 The device plugs into any standard wall outlet and then "reads" the energy use of the appliance plugged into it.

 To measure the amount of electricity a certain device uses, plug it into the Kill-A-Watt. The device will measure kilowatt hours (kWh) used over the period of time.

• The device will measure energy use in watts and translate that into kilowatt hours (kWh) for you.

1000 watts = 1 kilowatt; a 100 watt device running for 10 hours = 1 kWh

• The Kill-a-Watt can let you measure your energy use in the same way your electrical companies such as NSTAR bill you (in kilowatt hours (kWh). Example - Plug in a lamp with a 60 watt bulb to the device and turn it on. Press the button on the device labeled "watts" and the LCD screen should read 60 watts. To track how much energy is consumed over time, press the "kWh" button and toggle to see energy consumed over a time period. If the light were to remain on for 10 hours, the device would read 0.6 kWh consumed.

 Be sure to record the kilowatts displayed on the device while it is still plugged in. They will disappear when the Kill-A-Watt is

unplugged. Multiply the kWh by the rate charged on your utility bill to find out how much it costs to keep the device running.

• When you have identified the devices and appliances that do not need to be kept plugged in, unplug them after each use. Or, plug them into a power strip with an on-off switch and power that off when devices are not in use.

Example of an idle device: A standard cell phone consumes about 5 watts when charging and 1 watt when not charging (if the power cord remains plugged in). • For further information on energy efficiency visit the Mayor's Office of Environmental and **Energy Services** (www.cityofboston.gov/ environmentalandenergy)

The AACA is partnering with the Department of Energy, City

of Boston, in Street, Boston, lending of the MA 02111. (free-of-charge) For more "Kill A Watt" to the community,

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information, please contact Office Manager, Georgiana Tam at 617-426-9492 x203.

*Deposit may be required upon check-out.



Immediate Openings

Director of Early Education

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Job Developer/Career Counselor

The Workforce Development Center is seeking an individual to develop job opportunities and to perform job placement. Experience working with limited English speakers and ability to speak Mandarin/Cantonese are required.

To apply, mail or email resume and cover letter to:

Chau-ming Lee, Executive Director **Asian American Civic Association** 87 Tyler Street, Boston, MA 02111 cmlee@aaca-boston.org



We are currently seeking Special Agent candidates in the following critical skill areas: Intelligence experience

· Computer Science or IT · Engineering · Physical Science · Accounting/Finance · Law · Law Enforcement or other Investigative experience · Military experience · or Foreign Language (Chinese - all dialects, Korean, Urdu, Indonesian, Punjabl, Tamil, Pashto, and Hindi) · and many other

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• Seafood Festival: Sept. 11-12-13

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Health

By Ojas Vyas

Parkinson Disease is a disease that affects over 1 million people in the United States and can take a devastating toll on patients and their families. In its later stages, the disease can be crippling and severely limit the opportunities for normal life. However, there has been an immense increase in the focus on the disease and its early diagnosis and treatment.

The disease was first described as the "shaking palsy" by the English doctor James Parkinson in 1817. It received this name because of its characteristic symptoms of rigidity and tremor. Tremors refer to the uncontrollable shaking experienced by people suffering with the disease. Often, the tremors begin in a single area, such as a single finger or hand, and then spread to other limbs. Rigidity refers to the general difficulty and slowness of performing voluntary movement. Such difficulty can limit a person's ability to perform daily activities and lead to other problems such as frustration, helplessness and depression.

Fortunately, modern medicine has made enormous progress in the understanding and treatment of the disease. The primary problem in patients with the disease is that there are low levels of a neurotransmitter called dopamine. This is caused by the progressive degeneration of the neurons in the brain that produce this substance. While the specific cause of this decay is still being sought out, this knowledge has led to the development of important drugs for treatment. Levodopa is a medication that your brain can metabolize into dopamine and can thus often reduce the symptoms of Parkinson significantly. Levodopa is the primary weapon against Parkinson Disease. Other medications are being actively researched along with neurosurgical techniques that may help

Parkinson disease: What you should know

those who do not respond to this medication.

When do the first signs of Parkinson begin to show?

The onset of Parkinson usually occurs after the age of 55 and rarely begins earlier. Indeed, age seems the biggest risk factor associated with acquiring the disease. Medical attention should be sought out as soon as symptoms are spotted so as to prevent progression of the disease. Less common symptoms of the disease may also occur. They include difficulty writing, a stiff facial expression or muffled speech.

Are Asian-Americans at risk for developing Parkinson Disease?

Traditionally, Asian populations have shown a lower incidence of Parkinson Disease than their European counterparts. However, recent evidence has shown that rates of the disease are similar between Asian-Americans and Caucasian Americans. This may implicate lifestyle in the development of Parkinson Disease.

If lifestyle is a factor for developing the disease, are there any lifestyle choices that have been shown to prevent it?

There have been no conclusive studies that have found effective ways to prevent Parkinson Disease. However, there is increasing evidence that drinking coffee and tea (particularly green tea) can have a protective effect against acquiring Parkinson Disease. While not specific to Parkinson Disease, exercise and a healthy diet are important factors for preventing numerous diseases and should always be priorities. Keeping active and healthy will help one cope with the emotional symptoms of the

Who is at risk for developing Parkinson Disease?

It is very hard to correlate Parkinson Disease with a single risk factor. There is some evidence that severe injury to the head and neck in the past may predispose one to Parkinson Disease. Low levels of the B vitamin folate have also been correlated with the development of the disease. However, most people with one or more risk factors will never experience the disease.

Am I at higher risk if I have a family member with Parkin-

There is a very minimal increase in your risk of acquiring Parkinson in this case. The primary risk factor remains age and family history is a minor consideration.

Where can I find more information on living with or caring for someone with Parkinson Disease?

The links and phone numbers below provide information about Parkinson Disease that will help one understand the nature of the complex disease. They also provide information about local support groups and seminars that could provide important information about life with the disease.

Massachusetts Branch of the American Parkinson Disease Association: http://www.apdama. org/artman2/publish3/aboutus/index.shtml

(617) 638-8466 Toll-free: (800) 651-8466

National Parkinson Foundation: http://www.parkinson. org; 1-800-327-4545

Article funded through the Asian Health Initiative of Tufts Medical Center

Youth

By Vivien Wu

Working a summer job as a teenager is an experience that many of us adults remember fondly. There are not many experiences that quite capture the essence of summer as much as days working as a summer camp counselor or selling concessions on a hot afternoon. In an increasingly technical and service-oriented society, the job landscape is always changing, but some things remain the same - teenagers in the summer are always looking for part-time employment and are eager to earn their first paycheck.

The non-profit Action for Boston Community Development (ABCD) has, for the past three decades, helped Boston youth in this endeavor through their annual SummerWorks program. SummerWorks provides

Summer jobs

an infrastructure through which qualifying youth applicants looking for summer work are facilitated and guided through the job search process. Every teen worker is assigned to a counselor, or Youth Services Specialist (YSS), and the YSS helps to place the teen in a paying job in the teen's vicinity. This summer, I have the privilege of working as a YSS in the Chinatown neighborhood and I work in conjunction with AACA to oversee the career development of several Chinatown resident teens.

The SummerWorks program is unique in that it emphasizes career and educational development, not just vocational skills and job readiness. Since ABCD/ SummerWorks provides the funding to pay the youth, we ask employers to provide mentor-

CONTINUED PAGE 6



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SAMPAN 2009 READER SURVEY

- Which section(s) of the SAMPAN do you read? English Chinese Both
- What is your age?

10-18 19-25 26-35 46-55 56-65 36-45

What is your place of birth? U.S.A

Other

China

Taiwan

Hong Kong

- What is your annual income in US (dollars before taxes)? (Please circle) 10,000-19,999 20,000-29,999 Under 10,000 100,000 +40,000-99,999 30,000-39,999
- What is your residential zip code? (Please circle)

02169 02111

Other

02148

02458

What topics in the SAMPAN are of interest to you? (Please circle all that apply)

Immigration Community News National News Arts and Entertainment Health City/State News Social Services/Welfare Personal Finance

Youth

- Do you read the health column? Yes___ No_
- Which one of the following health column articles do you find the most informative/interesting/helpful? (Please circle)

Allergies Nutrition **Pediatrics**

Employment

Cancer Violence Drug Use Obesity Mental Health Disease

- Do you read the health column? Yes_
- Which one of the following health column articles do you find the most informative/interesting/helpful? (Please circle)

Allergies Nutrition **Pediatrics** Cancer Violence

Drug Use

Obesity Mental Health Disease

What other newspapers/periodicals do you read? (Please circle) World Journal Singtao

Sino-American Time

The Boston Globe

The Epoch Times The Metro

The Boston Herald Others

- 10. Do you read news online? Yes___ No___
- 11. If Yes, which online news services do you use?
- 12. Do you have any comments on the Sampan?

Please email completed questionnaire to survey@sampan.org, or mail it to:

87 Tyler Street, 5th floor, Boston, 02111

Thank you for your participation!

FROM PAGE 5 SUMMER

ship and support for a teen; this may be the summer that a youth gets his or her first paycheck. Examples of SummerWorks jobs this year include camp counselors, daycare/childcare providers, office receptionists and interns, and peer leadership program participants.

Working with youth also provides the opportunity for motivational activities; for example, youth counselors hold weekly workshops with the teens to check in on their progress at work, help write resumes, and give them suggestions for developing professionally and proper workplace conduct and dress. We also take advantage of the summer to go on fun outings, such as to a Red Sox game, to bond and get to know each other better. Through structured work hours, reflecting with counselors, and bonding with peers, Summer-Works participants have an opportunity to get a well-rounded educational experience as well as preparation for entering the workforce. For questions about Summer-Works, please visit www. summerworks.net.

Youth

A busload of youth from Boston Chinatown Neighborhood Center's (BCNC) Youth Center Summer Program joined Save the Harbor/Save the Bay on a visit to Boston Harbor on July 10 to experience Sail Boston 2009, the Festival of Tall Ships.

The young people set sail from the Bank of America Pavilion in South Boston on a narrated harbor tour aboard the Pride of Baltimore II to see Boston's historic harbor and the more than 40 spectacular sailing ships that participated in this summer's dramatic event.

The Pride of Baltimore II (www.pride2.org) is a dynamic reproduction of a Baltimore clipper privateer, a type of vessel crucial to preserving America's freedom during the War of 1812. Named after Chasseur, a gallant privateer who was hailed as "the pride of Baltimore," her crew embodied the passion and spirit of the Americans who were determined to fight for their fledging nation.

The ship's Captain, Thomas Boyle, boldly warned British ships from entering or leaving their home ports, and captured 17 ships along the coast of Britain. One of every five sailors on privateers on the ship was a black

Chinatown youth set sail for Tall Ships





American; although it is a piece of history often overlooked, it is an essential part of the ship's

This spirit of nationalism also inspired the writing of "The Star-Spangled Banner" during the attack on Chesapeake Bay, and the Pride of Baltimore II symbolizes not only the birth of our national anthem, but commemorates the lives of Americans of any race who fought together for our country on privateers that were built in the Fells Point shipyards of Baltimore.

Pride of Baltimore
II was commissioned in
1988 as a sailing memorial to her immediate
predecessor, the original
Pride of Baltimore, which
was tragically sunk by a
white squall off Puerto
Rico in 1986, taking her
captain and three crew

members down with her. Both ships were built in the Inner Harbor as reproductions of 1812-era topsail schooners, the type of vessels, called Baltimore Clippers, that helped America win the War of 1812 and finally secure its freedom.

For more information about Save the Harbor/Save the Bay and the work they do to restore and protect Boston Harbor and share it with the public, visit their website at www.savetheharbor. org.

Photos courtesy of BCNC.







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移民資訊

美國留學資訊

移民傾向問題是留學 美國簽證申請者面臨的一 大難題。簽證官考察一個 申請者是否有移民傾向, 主要通過三個方面:首先 是申請者的出國目的是否 明確,其次考察申請者的 歸國規劃是否真實具體, 對於自費留學的申請者, 還要考察申請者的教育投 資是否有足夠的回報率。

你的出國目的是什 麼?

首先是出國目的是否 明確。這個問題包括申 請者對專業的認識,爲 什麼要去美國以及在美國 想學習什麼。舉例說,某 個電腦系的學生大學畢業 時,突然發現原來自己喜 歡的是傳媒,想去美國留 學。GRE很輕鬆地考了高 分,被美國某大學錄取。 但他仍然被拒簽了。"簽 證官的意思很明确,IT和 傳媒差距太大,而他自己 對未來的學習和職業也沒 有明確計劃。"

建議:爲了讓簽證官 相信你有明确的學習目的 和計劃,你的回答必須要 結合自身的實際情況以及 所學專業的特點和發展現 狀,同時還要結合未來的 應用前景向簽證官闡明出 國理由。針對簽證官對這 個方面的考察,簽證核心 內容設計中有三個部分可 以對簽證官的移民傾向判 斷給予有力回擊。這些方 面是:通過專業學習獲得 的認識,在國內學習遇到 的問題以及在美國留學可 以獲得的優勢。

有詳細的歸國規劃 嗎?

第二個是簽證核心設 計中的歸國原因和歸國 計划問題。如何有力證明 你將來一定會從美國回來 成爲獲得簽證最重要的因 素。如你的事業藍圖是什 麼?完成學業後你打算做 什麼?你去美國所學專業 將來回國後是否有發展潛

建議:回國原因和計 劃都應把自己所學的專 業和國內市場緊密結合 起來,向簽證官表明自己 的專業將來在國內大有作 **18**,回國後能夠得到豐厚 同報。追就有效反駁了簽 。官對申請者有移民傾向 的猜疑。

資金回報有說服力 嗎?

資金回報率也是很重 要的問題。比如,如果 你爲了去美國留學,幾乎 把家中所有的積蓄都花光 了,簽證官就會懷疑你。 簽證官可能會問,你回國 之後能把你的教育投資賺 回來嗎?這個時候,可以 從兩方面說明你的教育投 資回報。

建議:對於家庭條件 非常好的申請者,首先要 強調錢對你來說根本不是 問題,你有長遠的職業目 標,而這個目標一定要在 國內實現。

對於那些專業背景很 強的自費申請者,應該重 點強調自己的專業領域在 國內有廣闊的發展前景, 就業形勢非常好。

美國大學入門考試掃 描

近年來,隨著美國 對留學生簽證的進一 步解凍,申請赴美國留 學的中國學生越來越 多,SAT、ACT、新托 福、GRE、GMAT等美國大 學入學考試熱度不斷上

S A T : S A T(Scholastic AssessmentTest)是美國 高中生進入美國大學需 要參加的考試,也是其 他國家高中生申請進入 美國大學本科學習的重 要參考。此外,SAT對留 美就業起著非常重要的作 用。許多美國大公司在招 聘員工時,都要求應征者 提供SAT分數。美國SAT考 試是几乎全部美國大學, 特別是常青藤聯校承認并 要求申請者提供成績的考 試,它是決定錄取和評定 獎學金發放的重要參考指 標。SAT考試每年7次,兩 年內有效。對于想考入美 國前50名校或拿到獎學金 的高中生來說通常都要考 SAT的,而且分數通常在 2000分以上。

新托福:据新托福培 訓及美國簽證培訓專家、 濟南万和培訓學校校長穆 麗霞老師介紹·TOEFL是 由美國教育考試服務處 (ETS)舉辦的爲申請去美 國或加拿大上大學或入 研究生院學習的非英語 國家學生提供的一种英語 水平考試。新托福网考是 2005年9月份正式在中國 開考的,考試分爲四個部

分:听、說、讀、寫,各 部分分值都是30分,滿分 爲120分。考試時間長達4 個小時。与原來的托福考 試相比,新托福网考更注 重語言的輸出,所選用的 材料都是現實生活的真實 材料。

GRE: 根據專家介 紹,GRE考試分爲兩部 分:邏輯作文考試爲電腦 考;語文和數學部分爲紙 筆考試。考生必須要在同 一考試年度內同時完成電 腦考和紙筆考試(例如: 在7月1日到第二年的6月 30日期間),并且首先完 成邏輯作文部分的機考。 邏輯作文部分的電腦考時 間總共是兩小時,紙筆考 試時間總共是兩個半小 時。

GMAT:國外工商管理 碩士MBA入學考試,由美 國商學院研究所入學考 試委員會委托新澤西州 普林斯頓的教育測試中心 (ETS)舉辦,在中國的主 辦單位是中國國外考試協 調處(CIECB)。在美國, 大多數研究生院都把GMAT 的考試成績作爲管理學專 業入學的標准之一。

ACT: 作爲大學入學 考試,2008年全世界有近 300萬人次參加ACT。ACT 成績被美國3300多所大學 認可,最高可以減免31個 學分。ACT成績過關者, 留學英聯邦國家可以免讀 預科。在中國ACT考試還 沒有對全部的中國學生開 放,參加ACT考試必須要 先在國內的教學點讀完9 個月預科課程。

ACES:ACES(愛思) 考試是美國埃德蒙大學与 美中文化交流中心共同研 發的美國大學入學考試, 主要面向低齡化留學人群 (高中生)而設計。与托福 考試不同,愛思考試以高 中生應有的詞匯量(4000 至5000)為基礎,結合美 國大學本科生錄取要求, 讓低齡留學生能選擇适合 自己的留學考試。目前已 有接近200所美國本科院 校納入愛思考試作爲本科 生錄取標准,其中以美國 公立大學爲主。

波士頓新聞

想省點、省錢嗎?

華美福利會提供省一瓦免費試用



美國能源部估計,大 約百分之十的家庭用電量 是浪費的。你可用"省一 瓦'來找出所消耗的用電 及把閒置著的電器 離開電源可以節省多少的 能量。

・什麼是省一瓦? 省一瓦是一個用來量 度家庭電器耗電量的儀

- ・省一瓦是怎樣使用 的?
- 首先把省一瓦 插入任何標準牆壁的電 源插座,把要量度的電 器插入, 便可以看到該 電器的用電量。
- 要量度某些電器 的用電量時, 把它插入 到省一瓦。過了一段時間 後,它會量度用了多

少的千瓦時。

• 它以瓦特來量度 所用的能源, 並把瓦特轉 爲千瓦時爲單位。

1000瓦特 = 1千 瓦; 一個100瓦特的電器 運作10小時 = 1千瓦時

• 省一瓦可以讓你 量度所使用的能源, 你的 電力公司,如 NSTAR 以 同樣的方法來向你收費(以千瓦時爲單位)。

例如- 把一盞60瓦特 燈泡插在省一瓦上然後把 它開著, 按有標示 "瓦 特"的按鈕,在液晶屏 可以見到60瓦特。要查看 在某時段的耗電量,可按 下"千瓦時"按鈕,就可 看到答案。如果該燈泡插 上了10個小時,該耗電量 該是0.6千瓦時。

請務心記錄所顯 示的千瓦時數目,因爲當 省一瓦離開電源時,記錄 便會消失。

· 把所用的千瓦時 乘以收費率來找出保持該 電器運行時的收費多少。

• 當你確定了那些 電器不須要插著電流,每 次使用後,就不要把他們 繼續插在電源上。或者, 在不使用時, 把它插在 有開關電源按鈕的電源板 上。

例如一個閒置著的電 標準手機充電時所 器: 耗電量爲5瓦特, 如電源 線仍然插入, 就算不是 充電,也會消耗 1 瓦特. 一年來算,共消耗 1.8千 瓦時的收費及電源線的 8.3千瓦時。

- 有關詳細的操作 說明,請參考省一瓦的使 用手冊。
- 查詢有關節省能 源資料, 歡迎到訪市長辦 公室的環境和能源服務部

cityofboston.gov environmental and energy)和 NSTAR www.nstar. com)

想試一試省一瓦嗎? 請前往華美福利會櫃檯 或撥617-426-9492 分機 203詢問。

華美福利會地址: 波 士頓泰勒街87號5樓(5th floor, 87 Tyler Street, Boston, MA 02111

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July 9, 2009

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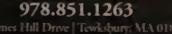
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3 Person - \$57,600	6 Person - \$74,250			

PUBLIC INFORMATION WORKSHOP to be held July 1, 2009 at 7:00PM in the meeting room at Tewksbury Public Library, 200 Chandler Street, Tewksbury, MA.

Completed applications and required income documentation must be received, not postmarked, by August 5, 2009. Lottery to be held August 12, 2009 at 7:00PM in the meeting room at Tewksbury Public Library.

For lottery information and applications go to www.s e b.com/lottery or call 617 782,6900 and leave a message. Applications and information also available in the Clerks Office in Tewksbury Town Hall and Tewksbury Public Library



One Ames Hill Drive | Tewksbury: MA 01876



健康專欄

帕金森氏症:您應該知道的 事情

Ojas Vyas文 時候會最先出現? 田恬譯

帕金森氏症在美國影響超 過一百萬人,並能讓其病人以 及家人付出極大的代價。在病 症後期,帕金森氏症可能嚴重 損害身體,且大幅減少病患正 常生活的可能性。但是,近期 大眾對帕金森氏症、其早期診 斷以及治療上的關注有了大幅 提升。

帕金森氏症最早在1817 年被一位英國醫生, James Parkinson ,形容爲「震顫麻 痺症」。此病症名稱是因其肌 肉僵直及顫抖的典型症狀而 來。顫抖是病患無法控制的抖 動。經常,顫抖會從單一部位 開始,例如一根手指或一隻 手,進而散播至其他部位。肌 肉僵直是自主移動的緩慢或困 難。上述的困難可能會限制病 **患的日常生活能力,進而衍生** 其他問題,例如喪氣、無助感 與憂鬱。

幸運的是,現今的醫藥已 在了解與治療此病症上有了大 幅進步。病患最主要的問題 是缺乏足夠的一種神經遞質, 多巴胺。這種現象是因由製造 多巴胺的腦細胞逐漸退化而造 成。雖然退化的原因仍然不 明,此知識已帶來治療此疾病 重要的醫藥研發。左旋多巴是 一種藥物,而您的腦部能將其 代謝成爲多巴胺,進而大幅減 少帕金森氏症的病症。左旋多 巴是抗帕金森氏症最主要的武 器。目前,其他藥物與神經外 科技術仍被被積極的研究,來 幫助對此藥物沒有反應的病 患。

帕金森氏症通常在超過55 症。 歲之後發病,很少在早於55歲 疾病相關最大的危險因子。一 但病症出現,您應該立即尋找 醫療照顧,才能避免疾病的發 展。較不普遍的病症也可能出 現,包括寫字困難、面部表情 僵硬以及說話含混不清。

・亞裔美人有較高風險會 得到帕金森氏症嗎?

慣例來說,亞裔族群有較 患生活的資訊? 歐裔族群來得低的帕金森氏症 罹患率。但是,近來的證據顯 示亞裔美人與白種人的罹患率 是相同的。這可能表示生活型 態也是帕金森氏症的危險因子

·如果生活型態是此疾病 的危險因子之一,有任何生活 型態選擇被證實能預防此疾病 嗎?

目前沒有決定性的研究結 果顯示有效的方式來預防帕金 森氏症。但是,近來有逐漸增 加的證據顯示飲用咖啡與茶 (特別是綠茶)有保護作用避 **免得到帕金森氏症。運動與正** 常飲食是預防許多疾病的要素 ——雖然不是針對帕金森氏症 ——但仍應永遠是優先。維持 活躍與健康會幫助病患面對帕 金森氏症帶來的情緒問題。

・誰會比較容易得到帕金 森氏症?

要尋找帕金森氏症單一的 危險因子是非常困難的。部分 證據顯示曾經遭受嚴重頭頸部 傷的人較容易在後來得到帕金 森氏症。血液中維他命B葉酸 的低濃度也曾被指出與帕金森 氏症的形成有關聯。但是,大 ·帕金森氏症的病症什麼 部分具有一個或以上的危險因 子的人從來都不曾得到帕金森

• 如果我有家人患有帕金 發病。的確,年紀似乎是與此 森氏症,我得到帕金森氏症的 危險性會增加嗎?

> 在這種情況下,您得到帕 金森氏症的風險只會極微的增 加。最重大的危險因子仍然是 年紀,而家庭史只是個次要的 因素。

> · 我能夠從哪裡得到更多 關於如何照顧或與帕金森氏病

> 以下的連結與電話號碼能 提供更多關於帕金森氏症的資 訊來幫助您了解此病症的複雜 性。他們並能提供關於當地互 助會以及研習營的資訊,以助 於了解如何面對帕金森氏症。

美國帕金森氏症協會麻州

http://www.apdama.org/ artman2/publish3/aboutus/ index.shtml

(617) 638-8466 **発付費電話: (800) 651-**8466

國家帕金森氏基金會 http://www.parkinson.

1-800-327-4545

(文章由塔夫茨醫學中心贊 助)

移民資訊

09年8月移民排期表

親屬 移民 排期	全世界 (包括港澳台)	中國大陸	印度	墨西哥	菲律賓
第一	03年	03年	03年	91年	93年
優先	01月	01月	01月	01月	09月
154,74	08日	08 日	08 日	01日	15 日
第二	05年	05年	05年	02年	05年
優先	01月	01月	01月	09月	01月
2A	15 日	15 日	15 日	22 日	15 日
第二	01年	01年	01年	92年	98年
優先	05月	05月	05月	05月	05月
2B	01日	01 日	01日	08日	01 日
第三	00年	00年	00年	91年	91年
優先	11月	11月	11月	07月	08月
15074	01 日	01 日	01 日	01 日	08 日
第四	98年	98年	98年	95年	06年
優先	12月	12月	12月	08月	09月
	22 日	22 日	22 日	01日	08日

	職業 移民 排期	全世界 (包括港 澳台)	中國大陸	印度	墨西哥	非律賓
	第一	現在	現在	現在	現在	現在
	優先	有名額	有名額	有名額	有名額	有名額
	第二	現在	03年	03年	現在	現在
	優先	有名額	10月	10月	有名額	有名額
Ì			01 日	01日		
	第三	沒有	沒有	沒有	沒有	沒有
	優先	名額	名額	名額	名額	名額
	非技術	沒有	沒有	沒有	沒有	沒有
Į	勞工	名額	名額	名額	名額	名額
	第四	現在	現在	現在	現在	現在
	優先	有名額	有名額	有名額	有名額	有名額
	宗教	現在	現在	現在	現在	現在
	工作者	有名額	有名額	有名額	有名額	有名額
	第五	現在	現在	現在	現在	現在
	優先	有名額	有名額	有名額	有名額	有名額

親屬移民排期表

·第一優先:美國公民的成 年未婚子女

・第二優先: 2A 永久居民 的配偶及未成年子女

·第二優先: 2B 永久居民 成年子女

・第三優先: 公民的已婚

・第四優先: 公民的兄弟 姐妹

職業移民排期表

・第一優先: 傑出人才、研究 人員教授第二優先: 2A 永久居民 的配偶及未成年子女跨國公司主

・第二優先: 高等學位專業人

・第三優先: 技術勞工及專業

非技術勞工

・第四優先: 宗教工作者

・第五優先:投資移民

舢舨 2009 年讀者問卷調查 (請圈選項目)

- 您通常閱讀舢舨的哪一版? 中文 英文 雙版
- 2. 您的年龄: 10-18 19-25

56-65 66-74 75+

26-35

36-45

46-55

您的出生地 3.

中國 香港 台灣 其它地

您稅前年收入(以美金元計算) 4

低於 10,000 30,000-39,999 10,000-19,999 40,000-99,999 20,000-29,999 100,000+

您住家的郵遞區號 5.

02111

02169

02148

Other 您對以下哪些主題有與趣? (可複選)

> 移民資訊 都市/州新聞 藝術娛樂

青年專欄

醫療專欄 全國新聞 個人理財 社區新聞 社會福利

工作資訊

您是否閱讀醫療專欄? 是 7.

您對以下哪些醫療資訊最感與趣? (可複選) 8.

> 過敏 癌症 肥胖症 營養 兒童保健

藥劑使用

暴力 精神健康

疾病介紹

您平常還閱讀哪些其他報章?

星島日報 大紀元時報中文 僑報 世界日報 波士頓驅報(The Boston Herald) 波士頓環球報 (The Boston Globe)

您是否閱讀網絡報章? 是 10.

若第九題回答是,您閱讀哪些網絡報章? 11. 星島日報 大紀元時報 世界日報

波士頓驅報(The Boston Herald) 波士頓環球報 (The Boston Globe) 其他

12. 您對舢舨有哪些建議?_

請將填寫好的問卷郵寄至:

舢舨報社

87 Tyler St. 5th Boston, MA 02111 或電郵至 survey@sampan.org

感謝您填寫問卷!

昆市新聞

昆士醫療中心籌款部

為新思花園捐助基金及為社區學生捐助獎學金 附屬服務部官員選舉

Admiral's Tower Co-op Senior Living at its Best!



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(照片由昆士醫療中心提供)

【本報訊】 昆士醫療中心 (Quincy Medical Center) 籌 款部近期在昆士市的鄰里俱樂 部舉辦了一年一度的午餐聚會 及官員選舉活動。在餐會中, 籌款部的主席Mary Sullivan 向昆士醫療中心董事長及執行 總裁 Gary Gibbons 呈送出一 張\$30,000的支票作爲禮物, 用以在醫院的庭院中建設靜思 花園使用。Gibbons說, "我 對你們的這一不可思議的慷慨 饋唱表示衷心地感謝,你們的 慷慨和獻身精神支撐著我們在 昆士醫療中心每天的工作,那 就是——提供最高品質、最富 有同情心和一切以病人爲中心 的護理服務。用這份禮物建立 的靜思花園將是一個對病人、 訪客和員工起到極大安慰和歡 欣作用的場所。

籌款部還爲昆士市的David Nguyen捐出了\$1,000的助學金。David Nguyen剛剛從波士頓大學附屬高中畢業。他在學校是一名榮譽學生、運動員和高級導師。他將在今年秋季進入波士頓大學進修心理學和醫療預科的學習。除了擅長學術學習以外,Nguyen還在醫院及Cradles to Crayons公司當過志願者,用時200小時。

在會議結束前,籌款部 确定了2009-2010年新的主 席團成員(全部來自昆士 市,特別指出除外),他們 是:Mary Sullivan,主席 (Braintree);Genevieve White,第一副主席;Jennie Pentz,第二副主席;Ilda DiMascio ,記錄秘 書;Lorraine Edwards,聯絡 秘書(Pembroke);Yolanda Romanelli,財務主管及主任 負責人Caroline Bornstein, Arlene Cassidy和Lorraine Edwards。

昆士醫療中心的籌款部是由一群男女組成的,通過各種籌款活動或企事業單位來爲醫院籌得款項的部門。自從1953年成立以來,籌款部已籌集超過100萬美元的資金用以支持醫療中心的建設。欲了解更多有關成爲昆士醫療中心籌款部會員的信息,請致電:617-376-5368。

活動簡訊

·中國舞蹈夏令營

藝協主辦爲期一週的第 11屆中國舞蹈夏令營將於7月 19-25日舉行。今年負責中國舞 蹈的客席老師是來自加拿大的 專業舞蹈家Jessica Jone,另 外還有周娜的中國舞蹈基本與 舞台肢體言語:Mary Vasel的 芭蕾:Deidre Williams的爵士;Christin Collins的Hip Hop及尹雅琪的舞台化妝等課程。報名截止日期是7月5日,網址:www.acas-ne.com或電洽 藝協:617-332-5376。

• 國粤雙語免費研習班

7月26日-9月13日起、逢週日下午1:30-3點(共八堂課,每堂一個半小時),中華公所主辦,主講人黃憲輝,教材:《國粵語對比教材》。歡迎各界人士參加,年幼學童恕不接待,免學費;教材費\$25。地點:波士頓泰勒街90號,查詢:617-780-1996。

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1 8 5 , www.mahea.thconnector.org

華埠新聞

「華埠主街聯歡會」 週末歡樂登場



中國傳統扇子表演。(Kyle Chayka攝)



中華公所主席何遠光發防曬油給參加民眾。。(Kyle Chayka攝)

【本報訊】由華埠主 街舉辦的「華埠主街聯歡 會」於7月12日在波士頓 華埠舉行。

華埠社區表演團體帶 來醒獅團體、舞蹈團參與 了當日的表演,三十個攤 位進行了商品展賣及資訊 諮詢,吸引了數千遊客, 熱鬧不已。

開幕儀式由波士頓 市長曼寧諾(Thomas M. Menino) 主持,他致詞表 示,在華埠主街與社區民 聚的努力下, 華埠地區街 道整潔、治安良好、商機 繁榮,他感謝華埠成員的 努力。

代表華埠地區的市議 員林尼肯(Bill Linehan) 、波士頓市議員干諾利 (John R Connolly)、塞 弗克郡第三選區眾議員麥 家威(Aaron Michlewitz) , 麻州參議員陳翟蘇妮 (Sonia Chang-Diaz)的 代表、駐波士頓台北經濟 文化辦事處楊國棟處長夫 婦、波士頓華僑文教服務 中心主任簡許邦、美國海 關邊境保護局公眾事務主 管胡振勝(Ted Woo)、中 華公所主席何遠光等。儀 式中,各嘉賓分別緻詞祝 賀活動成功、華埠興盛。

中華公所主席何遠 光表示,今年共有30個 攤位參展,規模不如去 年的原因除了經濟因素 外,與活動改期也有關 係,原定活動日有近50 個攤位登記參加。雖然 攤位減少,但遊人仍然 絡繹不絕,令華埠人聲 鼎沸,各攤位的商品種 類繁多,包括花草盤 栽、玉石飾物、工藝飾 品、水果美食、衣物玩 具、樂器、影音產品

華埠主街將於8月16 日舉行「華埠中秋聯歡 節」活動。

華埠青年參觀高桅帆船





【本報訊】華埠社區 中心(BCNC)帶領青少年 暑期英語班的學員們於7 月10日在Rowes碼頭參觀 了擁有著悠久歷史的巴 爾的摩榮耀二號(Pride of Baltimore II) 高桅 帆船。聆聽著船員們對海 上生活與戰爭歷史的介 紹,令年齡在11到17歲之 間的學員們感受著200年 前英美戰爭中那些英雄的 艱辛。

「巴爾的摩榮耀2 號」是一艘1812年代巴 爾的摩縱帆船的複製品, 航行速度快、且性能優 異。它建造於1988年, 此帆船主要的功能是擔 任巴爾的摩市及港口還 有馬里蘭州的親善大使。 這艘船曾經出現在1997

年由導演史蒂芬史匹柏 (Steven Spielberg)執 導的電影「勇者無懼」 (Amistad)中,它就是 影片裡的「亞美斯塔

BCNC領隊溫美莉表 示,此次前來參觀的暑 期學員們,能夠參加此 次美國獨立紀念日活 動,瞭解獨立戰爭的辛 酸歷史,機會實在難 得。一位剛來美國不久 的學員表示,這是他生 平第一次登上戰船,感 到很興奮。

(照片由華埠社區中 心提供)

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法。警方正嚴打此類案件, 犯法者不但會被罰款500

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良好,但汽車導航器(GPS) 的盜竊案件仍有上升的趨勢.A1分局局長歐羅克及社 區代表也關注最近華埠早上

垃圾問題,建議商户及區民 要多留意,保持華埠清潔。

昆市營業的「小綿羊火鍋

店」(Little Q Hot Pot)

,因政府徵收用地、改建

公路, 所以在將來將火鍋

店搬至波士頓華埠。火鍋 店計劃只在最初步計劃之

中,表示律師奎提(Dennis

Quilty)在華埠治安會講述

最初步計劃,店內將設有七

十多個座位,營業時間是上

午11時30分至凌晨2時,計

劃若一切進行,暫定可年底

前正式營業。到時將會是華

埠第三間火鍋店。

社區餐館新聞: 原本在

。 警 長 歐 羅 克 (0) Rourke) 重新華埠治安保持

華埠新聞

華埠治安委員7月例會: 精破冒警案件



歐羅克警長報告警方精破冒警案件。(謝婉君攝)

【本報記者謝婉君波士 頓報導】華埠治安委員例 會的每月例會在7月1日假 波士頓華埠的雙樹酒店內 舉行。

會議項目有最新的治安情況由警長歐羅克報告。 警長報告埠治安持續良好,而最近波士頓警署成功破獲早前數宗冒警,發覺原來是個紐約的盜竊集團。早在四月前華埠數大約五宗冒警疑打劫案件,成功捕獲疑犯,26歲,更精破一個來是個紐約近皇后區(Queens)的盜竊犯罪 集團。捕獲疑犯更把如何做 案手法講出,令警方可作進 入調查,更了解此誇州盜竊 集團。

上月紀錄的案的犯罪 案,包括有四宗搶劫案、 兩宗攻擊案、三宗非法盜竊 案、12宗破壞汽車偷竊案。 總共45宗逮捕行動,其中16 宗與毒品有關。交通違規總 共有126宗、違規停車則有 334宗。

警長發現華埠作有不少 人非法借用殘疾泊車証和有 車窗偷盜案例。非法使用殘 疾泊車証,必須正視,非法

活動簡訊

·昆市免費社會服務

7月18日在昆士市府將有免費社區服務。服務時間將在每月的第三個週六早上11點至中午12點。無需預約。歡迎到臨查詢市府服務、社區活動和簡單市政法例等等,服務並包括閱讀信件。近親服務日期:8/15、9/19和10/17

。:查詢:617-376-1298。

• 免費血糖血壓測試

7月18日(週六)早上 11:30至下午1:30在金門超 市(219 Quincy Avenue, Quincy將舉辦免費血糖血 壓測試。

7月19日(週日)早上11:30至下午1:30在 Hannaford超市(475 Hancock St, North Quincy)舉辦,詳情請 洽昆士醫療中心社區發 展部經理譚秀婷,電話: (617)376-5493。

・昆市健康事宜講座

7月23日(週四)早上十點在昆士湯姆士圖書館(40 Washington St.)舉辦「耆英健康:連接代溝的橋樑」講座。由林耀鴻博士談如何和家人交流溝通的態度與技巧。座位有限,需預先報名。7月20日前電治昆上亞裔協調會(617)-472-2200。

「2010年華埠整體計劃」 及「華埠流動圖書館」 計劃發展進情



華埠牌樓區社區聯絡員梁志生(Kye Leung)(右)、 華美福利會教育主任高理察(Richard Goldberg)(左) 及不同團體的代表,舉行華埠社區聯盟(Chinatown Coalition)七月例會。(謝婉君攝)

「華埠圖書館」計劃的新進展,就讀哈佛大學設計學院(Harvard Graduate School of Design)的兩位學生史威登(Matthew Swaidan)及卡科斯(Julian Bushman-Copp)在論述圖書館計劃(Chinatown Storefront Library)設計和進度情況。

目前已有數個商鋪東 主願意、與負責此計劃 「華埠圖書館之友」商 量,騰出空置鋪位一段 時間,讓流動圖書館使 用。計劃等待與商鋪達 成協議,便落實地點。 雖末正即透露圖書館位 置,但圖書館設計大部 份已完成,計劃將利用 暑假期間安裝組合,設 計三大分區 (pod) 部 份爲兒童閱讀區、電腦 區、工作檯;其中包壁 報板、張貼社區最新資 料、書架及接待處。流 動圖書館面積會約爲 1500平方呎,到時更會 聘請一名雙語圖書館服 務員。

圖書館計劃已得到兩項從哈佛大學設計學院(GSD)的經費補助,而材料更由本地一所Shawmut建築材料公司及Maharram一起贊助。經費方面方得到華埠人士Tony Kwan熱心捐助、Cheng & Tsui 出版公司捐助部份兒童圖書。

書。 P 流動圖書館以嶄新 原的設計意念,務求以省 期時,組合式,多變化及 質 用運作 構思之特別,配合華埠的需要,

預計在七月完組裝才料, 八月可裝置在空置商舗 內,爲流動圖書館,若計 劃順利,預料九月可正式 使用。流動圖書館在同一 地點爲期三個月,開放時 間將爲上午七時至十時, 及下午四時至八時。

「華埠圖書館」計劃得到各方幫助,但仍需華埠居民大力支持計劃及推廣,務求計劃得以完成,若有興趣參加計劃, 請到www.storefrontlibrary.org網址查詢。

「2010年華埠整體計畫」-梁志生報告有關波士頓重建局(BRA)的「夏利臣,奧爾巴尼廊研究計劃」(Harrison-Albany Corridor Strategic Plan),將加入三個華埠新機構,他們分別為華埠南灣社區議會(CNC):紐英崙中華公所(CCBA)及中華頤養

該 爲 有 變 更 (rezone)計畫,梁志 生表示。本來27位諮詢委 員,他們由市府指派。當 中梁志生(Kye Leung)與 黃述沾 (Reggie Wong) 爲華埠代表。

「2010年華埠整體計畫」共爲兩階段的計劃,第一階段將討論華埠未來的環境與目標,第二階段育關施行計劃的具體討論。一連的三次社區會議時間。一連的三次社區會議時間。一連的三次社區會等。一一十五日(星期三)晚上6時至8時。開會地點在華埠信義大廈社區會議室。歡迎關心華埠未來發展人士及區內居民參加。

而塔芙茨大學
(Tufts Univeristy)
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新麻州眾議員麥家威(Aaron Michlewitz)(中)在議會宣誓麻州眾議員典禮後的招待會上跟華埠居民會共同主席余仕昂(左),執行委員李新鵬(後左二), 英崙中華公所主席何遠光(後右一),華埠主街董事會主席余俊明(後右二),及許多從華埠來觀禮的支持者合照。(SoYee 攝)

(接反面第一版 - 麥家威)

劃如開設華埠圖書館、百分之百中文 雙語選票、可負擔性及低收入房屋計 劃等,讓區內有需要幫助的居民得到 適當的緩助。

在初選中為麥家威的街對手露西· 瑞維拉(Lucy Rivera)也前來祝賀, 表示能參與選舉及為選舉結果感到自 豪。她表示以後會支持麥家威的方向 及決定。同時也會繼續關心社區。

麥家威致詞時,提及能夠成為一個 非意大利裔人作此區州眾議員,身為 猶太裔的他感到非常慶幸。未來的日 子,會努力為居民增取更多,有建設性 的福利。

宣誓典禮結束後,在議會大廳旁舉 行招待會,許多人上前到賀,及不少人 士爭相到麥家威身邊合照。

麥家威的嫂嫂(Doreen Marshall) 在招待會上對本報記者表示:「麥家威 自小便是一位乖巧,懂事的孩子,看到 他的成功,非常恩惠及對他以後的表 現,充滿信心。」

埠主街董事會主席余俊明(Tony Yee)不遺餘力在麥家威競選期間為其 拉選票。他表示麥家威在當選前已經為 華埠做了許多事,鼓勵他繼續好好去 做,表現比以前更上層樓。

第三選區的州參議員陳翟蘇妮 (Sonia Chang-Diaz) 表示相信麥家威 會很快便證明他的實力。

麥家威在六月的特別大選中戰勝, 新當選麻州弗克(Suffolk)第三選區州 眾議員。

紐英崙中華公所主席何遠光表示從 麥家威為前麻州眾議會議長戴美士(Sal DiMacy)的社區聯絡主任及在北端區民 協會(NEWNC)時的良好表現,深信他 是代表華埠的好人選。 在初選時已大力支持及替他取了「麥家威」此中文名字。 麥家威曾幫助廣教學校申請到有10萬元的建校經費,及爭取華埠旅遊業信託基金。 何遠光表示看到今天華埠有那麽多人支持他,亦是居民証明他個好選擇。何主席鼓勵麥家威上任後更積極參與,作一位幫助 、關心華埠社區的好議員。

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Wang YMCA of Chinatown

華埠王氏青年會

Summer Camp! 華埠王氏青年會暑期營!

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華埠王氏青年會黃金登山暑期營還有名額!報名年齡為5至 12歲孩童,暑期營時間至九月四日,時間為上午七時半至 下午六時。報名詳情請撥打以下專線。

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